



### FC Schaffhausen Trainingsplan Stadion SH

Tag	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag	KABINE					
								Mo	Di	Mi	Do	Fr	
Mannschaft													
FCS 1							15:00	1	1	1	1	1	
FCS 2	19:15 - 20:45		19:15 - 20:45		19:15 - 20:45	18:00		2		2			2
A CCL/LS 19		19:15 - 20:45		19:15 - 20:45	Breite		10:00		3			3	
B CCL/LS16		19:15 - 20:45		19:15 - 20:45	Breite		10:00		4			4	
U17	19:15 - 20:45	Breite	19:15 - 20:45		19:15 - 20:45			6		6			6
U15		17:45 - 19:15	17:45 - 19:15		17:45 - 19:15			5	5	5			5
FE14		17:45 - 19:15	17:45 - 19:15		17:45 - 19:15				2	4			4
FE13	17:45 - 19:15		17:45 - 19:15	17:45 - 19:15				5		3		5	
FE12	17:45 - 19:15		17:45 - 19:15	17:45 - 19:15				6		4		6	
TH	19:00 - 20:30 A-B-FCS 2		17:30 - 18:45 FE12/13										
			18:45-20:00 FE14/U15										